## OPPOSITE DAY SCAVENGER HUNT

#### FIND SOMETHING...

TALL	SHORT
COLD ***	MOT
SOFT	HARD
BIG	LITTLE
BEAUTIFUL	UGLY
HIGH	LOW
WET	DRY
WIDE	NARROW
MOVING	STILL
LOUD	QUIET

# OPPOSITE DAY COLOR BINGO

### **COLOR EACH SET OF OPPOSITES THE SAME COLOR**

LEFT	HAPPY	STRONG	DOWN	INSIDE
SLEEPING Z	FAST	SHORT	RIGHT	QUIET
HOT		FREE	AWAKE	COLD
LOW	TALL	SAD	BAD	WEAK
GOOD	LOUD	OUTSIDE	SLOW	HIGH

## OPPOSITE DAY CHALLENGE CARDS

USE YOUR
MIDDLE NAME
FOR THE DAY.

SING A SILLY
SONG
WITHOUT
MAKING
NOISE.

READ A BOOK
STARTING
FROM THE
LAST PAGE

COLOR A PAGE
WITH YOUR
OTHER HAND

WEAR YOUR
SHIRT INSIDE
OUT

READ A
BEDTIME
STORY IN THE
MORNING

## OPPOSITE DAY CHALLENGE CARDS

WATCH TV
UPSIDE DOWN
FOR 2
MINUTES.

BRUSH YOUR
TEETH BEFORE
YOU EAT
DINNER.

SAY GOODNIGHT WHEN YOU WAKE UP.

WRITE A WHOLE
STORY WITH
YOUR OPPOSITE
HAND

WEAR SOCKS ON YOUR HANDS. SPELL YOUR
NAME
BACKWARDS.

## OPPOSITE DAY CHALLENGE CARDS

EAT
BREAKFAST
FOR DINNER

FAMILY
OPPOSITE
NAMES.

WALK
BACKWARDS
AROUND THE
YARD

SPEAK IN
OPPOSITES ALL
DAY.
(YES MEANS NO)

SING YOUR
ABC'S
BACKWARDS

SLEEP WITH YOUR HEAD AT THE FOOT OF THE BED.



